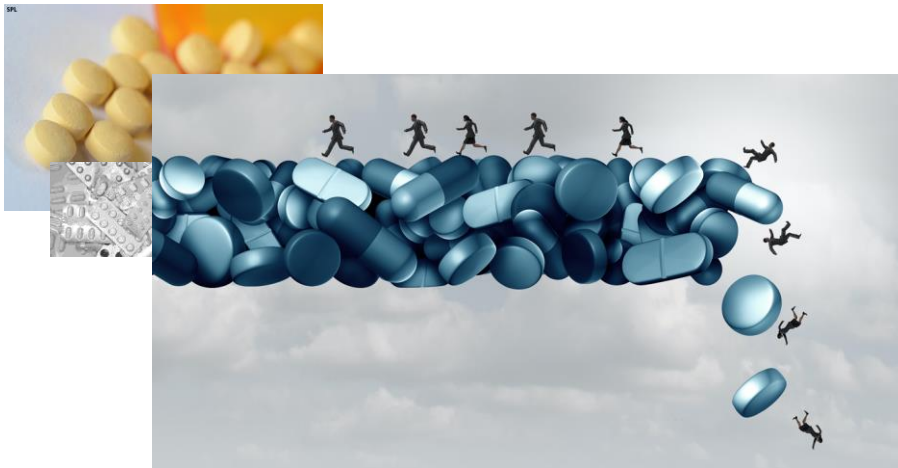


NMP Lunch & Learn Training Session

COPD Management

19th May 2026



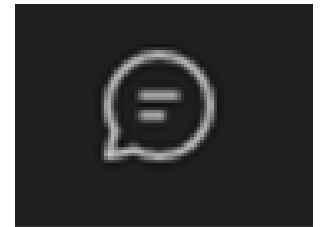
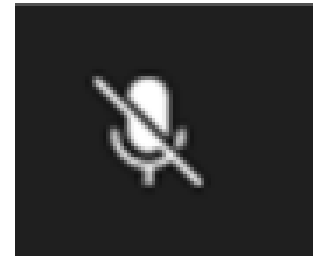
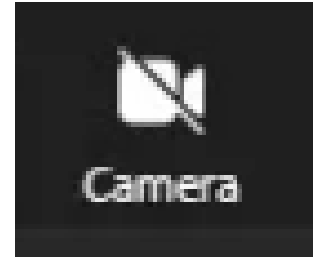
Speaker:

- Sanjay Tanna
- Senior Pharmacist /IP

Welcome & Housekeeping

Thank you for joining us today!

- ✓ The session is for 45-minutes (30-minute presentation and 15-minute Q&A session).
- ✓ Please switch off your cameras and put yourselves on mute.
- ✓ Please use the chat function if you want to ask a question or for comments.
- ✓ Please respect others' views and opinions. (We have prescribers from across the system on the call – primary, secondary care and community).
- ✓ Please use the chat function to network with your peers and share ideas.
- ✓ At the end of the session there will be a short online feedback form (live!).



Please note the 30-minute presentation will be recorded, and the slides and the recording will be uploaded to the LSC Training Hub website for you to download.

Disclaimer

- If you do access the slides and recordings to the bitesize sessions using the following link: [Independent Prescribing – Lancashire and South Cumbria Training Hub](#), please be aware that the sessions were intended to support Non-Medical Prescribers in their development and understanding of the subject area, however these sessions should not be considered the sole source of your learning. Please ensure that you also refer to your Trust/Employer guidance, up-to-date national guidance e.g. NICE guidance and professional body standards alongside these bitesize sessions.
- The information in the sessions are current and accurate at the time of creation.

What is COPD?

- Characterised by the following symptoms
 - Shortness of breath
 - Cough
 - Mucus production
 - Some patients may have all three symptoms ; others may have one/two out of three symptoms
- Prevalence in the UK?

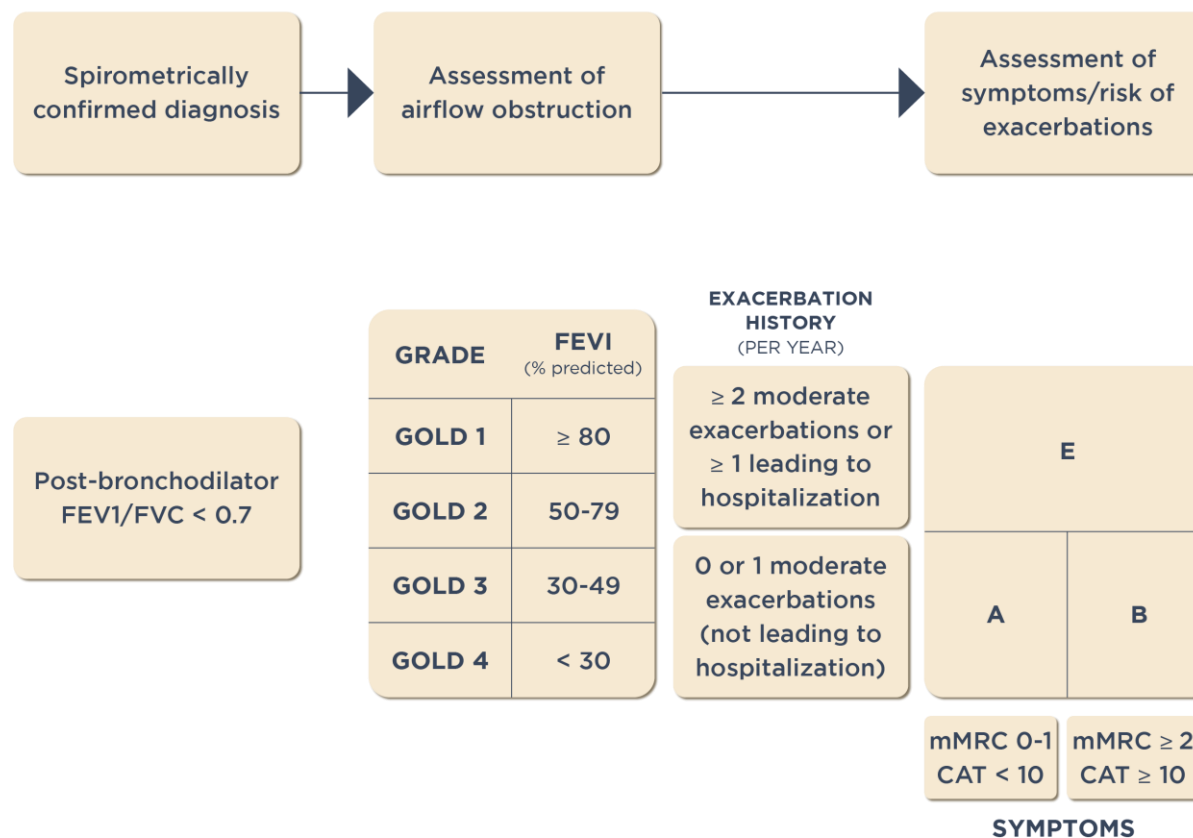
Diagnosis

- Clinical diagnosis usually
- Detailed history required including
 - Family history of respiratory diagnosis
 - Smoking history- include types of products, duration of smoking, 'intensity' of smoking
 - Known triggers
 - H/O exacerbations
 - H/O hospital admissions
 - Current medications

Diagnosis (objective)

- Baseline chest x- ray
- FBC including eosinophil count
- Assured post bronchodilator spirometry

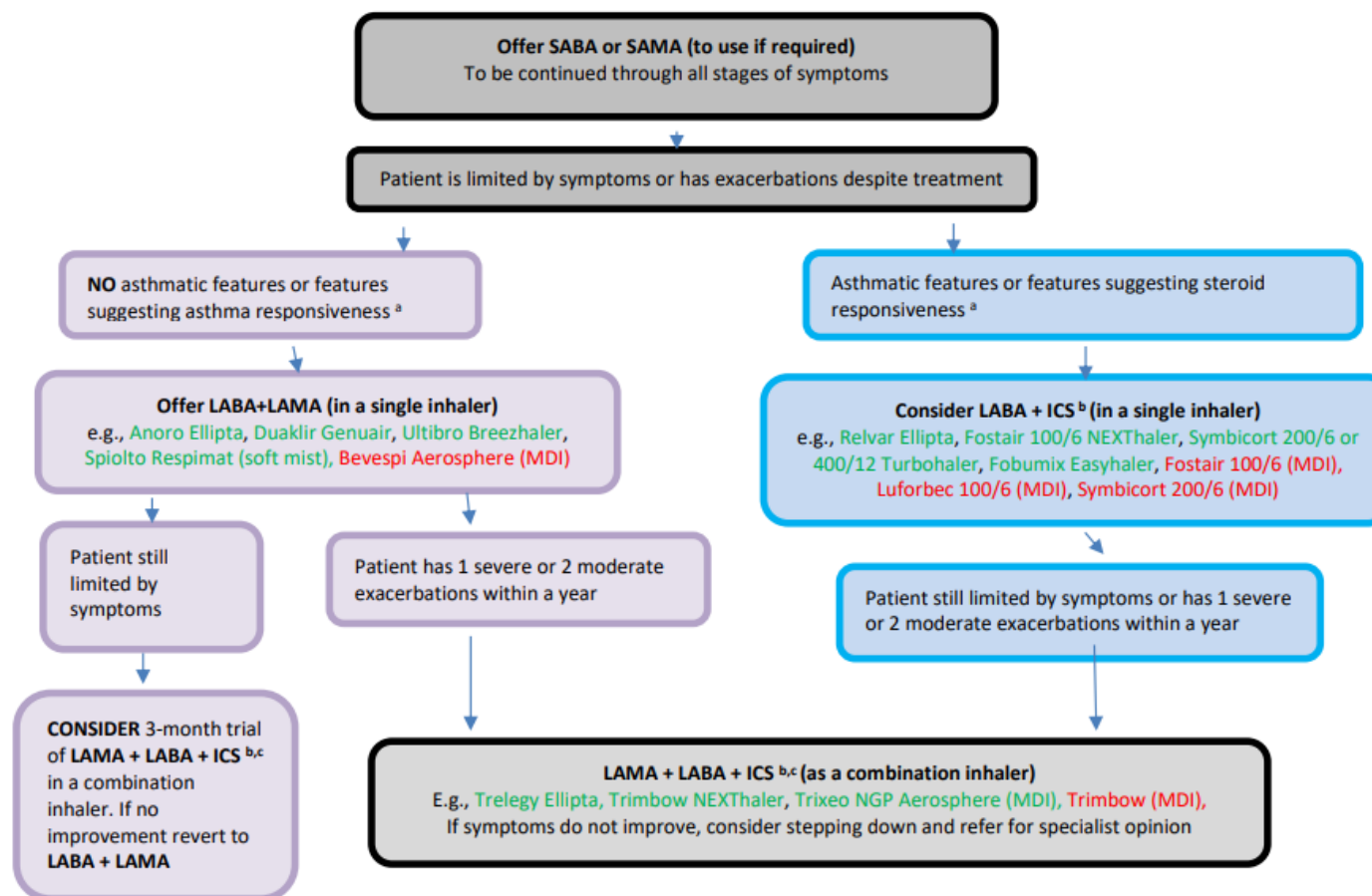
Assessment (GOLD)



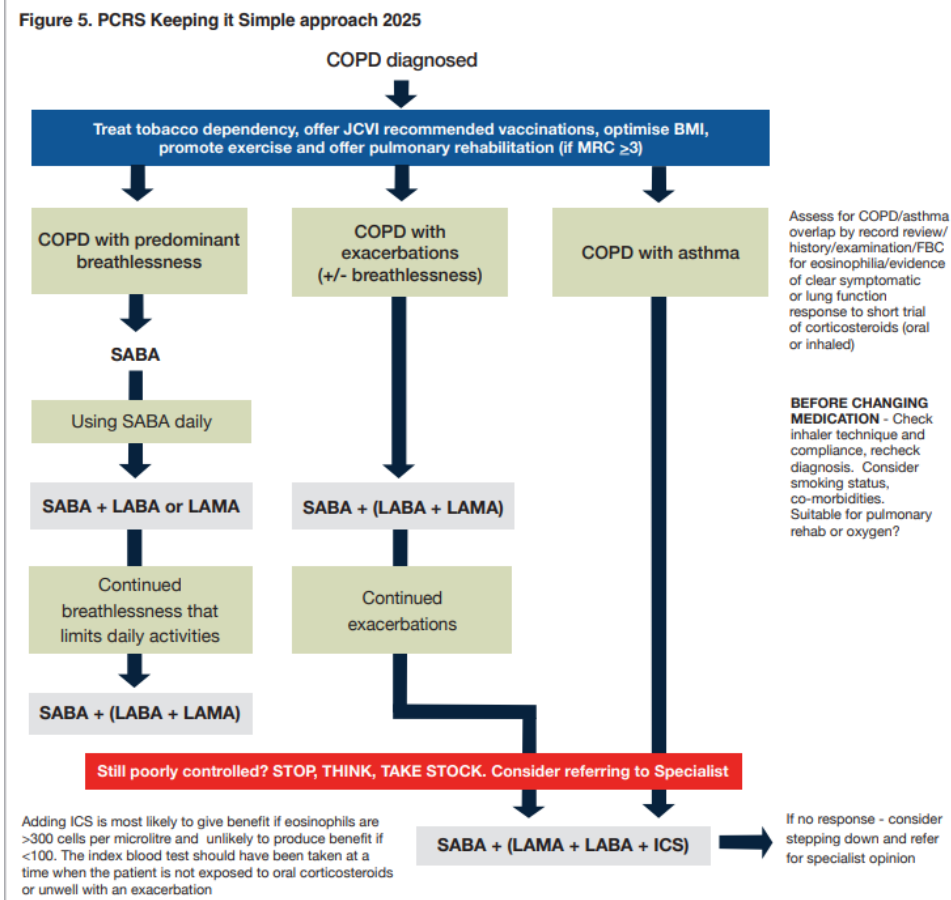
GOLD management



COPD management (LSCMMG- NICE)



PCRS – Keeping it Simple 2025



Inhaler choices

- Dry Powder devices first line
- SABA- Bricanyl turbohaler, Salbutamol Easyhaler
- LAMA+LABA- Anoro Ellipta, Duaklir Genuair, Ultibro Breezhaler
- LAMA+LABA+ICS – Trelegy Ellipta, Trimbow Nexthaler

Inhaler Choices

- SABA- Airomir, Ventolin, Salamol
- LAMA+ LABA- Bevespi Aerosphere
- LAMA+LABA+ICS- Trixeo Aerosphere, Trimbow
- <https://www.lancashireandsouthcumbriaformulary.nhs.uk/docs/launcher.asp?docID=442>

Non-Inhaler Considerations

- Lifestyle Advice
- Immunisation- flu, pneumococcal, Covid, pertussis, shingles as per Green book
- Manage comorbidities such as Heart failure, osteoporosis, anxiety, depression
- Offer pulmonary rehabilitation
- Refer to resp clinic for further treatment options e.g. theophylline, acetylsistane
- Consider long term oxygen therapy
- Initiate advance care planning for severe disease patients including palliative care (if appropriate)

Management of Exacerbations

- Rescue pack consisting of antibiotics and oral steroids
- Use NICE antibiotic formulary choices – amoxicillin, doxycycline
- FIVE day courses only (no benefits shown with longer courses)
- Five day course of oral steroids (30mg daily)
- Please document if using non formulary choice antibiotics
- Only exception is Bronchiectasis patients who would need a TWO Week course of antibiotics

Question and Answer



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Thank you for listening

Please complete our short online poll!



Next session: 16th June 2026

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