



# Need help to find or stay in work?

**Connect to Work** can help you if you're finding it tough to get a job or stay in work. Whether you have a disability, a long-term health condition, or you're finding it hard to keep a job, **we're here to support you.** Let's talk.



- ✓ A personal employment specialist to support you
- ✓ A plan to help you meet your work goals
- ✓ Help and support at work and outside of work
- ✓ Support to help make changes at work to make things easier
- ✓ Someone to help you speak up at work

Scan the QR code to find out more:

[www.lancshireskillshub.co.uk/connect-to-work](http://www.lancshireskillshub.co.uk/connect-to-work)

01772 530222 | [ConnectToWork@lancashire.gov.uk](mailto:ConnectToWork@lancashire.gov.uk)

**Connect to Work**, PO Box 100, County Hall, Preston, PR1 0LD





# Being in work can improve your...



**Confidence**



**Social Skills**



**Finances**



**Mental Health**



**Health**



**Community**



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