

Aseptic Non Touch Technique (ANTT)

ANTT[®]

Aseptic Non Touch Technique

What is it & what should you expect?

Aseptic Non Touch Technique, or ANTT, describes the actions taken by health care workers to protect patients from infection during clinical procedures. (Such as taking blood, injections, infusions and wound care etc.). As a minimum, you should expect the below:



Hand Cleaning

Hands should be cleaned immediately prior to commencing your procedure, and often, protective gloves are worn.



Aseptic Fields

Depending upon the type of aseptic technique, procedure equipment should be placed on or in 'aseptic fields', such as disinfected procedure trays or sterile drapes. The most important parts of the equipment (the Key-Parts) may be protected by individual packaging or sterile caps etc.



Non-Touch Technique

Non-touch technique is used to avoid touching the equipment Key-Parts (such as the needle here) or any open wound. Where these need to be touched, sterilized gloves should be worn.



Preventing infection to others

After any procedure you should expect to see equipment disposed of, and hands cleaned.

For more information see - www.antt.org