

The University of Central Lancashire

School of Medicine and Dentistry

CPD Free Lecture Series 2025

The University of Central Lancashire (UCLan) School of Medicine and Dentistry invites you to attend our series of free lectures on a range of topics.

The School of Medicine and Dentistry offers a range of postgraduate programmes in a variety of subject areas, including Medical Education; Medical Leadership; Musculoskeletal Medicine; Sports Medicine; Digital Health; Disaster Medicine; Rural and Mountain Medicine; and Clinical Practice, Management and Education.

We want to share our knowledge and expertise in areas of interest that sit outside of your current curriculum.

Programme for 2025: SIX sessions scheduled.

23rd January 2025, 12:00-13:00

Dr Mervyn Conroy: 'Practical Wisdom (phronesis): A new perspective on ethical decision-making for healthcare professionals.'

Understand what a *phronetic* approach to decision-making is founded on.
Gain an introduction to cultivating *phronesis* in healthcare decision-making.
Know how to access further support if you would like to learn more.

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Meeting ID: 347 894 217 707 Passcode: vcTHSH

26th March 2025, 12:00-13:00

Rupal Lovell-Patel: 'Common Ocular Conditions.'

Using a symptoms led history, how to diagnose the common eye conditions which present in a primary care setting. The session will also cover the red flags symptoms and signs for emergency ocular conditions.

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Meeting ID: 392 370 598 746

Passcode: WdYryB



21st May 2025, 12:00-13:00

Adam Cook: 'The knee; differential diagnosis, assessment & initial management.'

Learning outcomes:

- 1) differentiation between pain/ stiffness/ instability with further discussion on trauma vs non traumatic knee presentations
- 2) assessment principles and planning directly related to differential diagnosis
- 3) GP focussed initial management and referral decisions

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Meeting ID: 399 569 761 293 Passcode: MTaZXs

2nd July 2025, 12:00-13:00

Dr Ellis Whorlton-Jones: The Role of Exercise in Cardiovascular Disease

For the majority of cardiovascular diseases, exercise interventions are widely recognised as a safe and highly effective approach for disease regression, managing symptoms, and improving quality of life. A wider understanding of exercise management strategies across the healthcare workforce is crucial for its successful implementation.

Microsoft Teams meeting

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Meeting ID: 315 606 809 389 Passcode: 7RgqiW

24th September 2025, 12:00-13:00

Dr Tim Sanders, Clinical Senior Lecturer in Rural Medicine and Urgent Care will highlight and discuss features of ailments, injuries and zoonoses that are seen more commonly in Rural practice.

Learning outcomes: At the end of this lecture, you will have encountered common and rare important ailments, injuries and zoonoses that are seen in rural practice.

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Meeting ID: 386 710 741 837 Passcode: 5UkFKV

21st Nov 2025, 12:00-13:00

Kelly Barton: Engagement Manager – Northwest Thomas Pocklington Trust.

'Challenges experienced by visually impaired individuals when accessing healthcare services.'

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Meeting ID: 357 016 570 133

Passcode: zdhKT3