

Fylde Coast CPD updated training plan

2023-2024

Eligible staff

Advanced Nurse Practitioners	Y
Nurse Specialists	Y
Extended Role Practice Nurses	Y
Practice Nurses	Y
Nursing Partners	Y
Nurse Dispensers	Y
Nursing Associates (qualified)	Y
Podiatrists	Y
Physiotherapists	Y
Occupational Therapists	Y
Paramedics	Y
Dieticians	Y

Places are limited on all the courses advertised and places will be allocated on a first come first serve basis. We recommend that you register early to avoid disappointment.

New Smear Taker Training

Provided by Liverpool University

Course Name	Description	Learning Outcomes	Date & Location	Register your interest by clicking on the link below
New Smear Taker Course	Training for new smear takers will comprise theoretical learning followed by a period of practical training in practice.	Topic 1: the NHS CSP Topic 2: background to cervical screening Topic 3: organisation of the NHS CSP Topic 4: equality of access to cervical screening Topic 5: cervical screening sample requests Topic 6: understanding the test results Topic 7: anatomy and physiology of the pelvic organs Topic 8: practical aspects of taking cervical samples	Tuesday 10th & Wednesday 11th September 2024 Holiday Inn Express Preston South, Reedfield Place, Walton Summit, Preston PR5 8AA	Please click HERE to register your interest in booking a place on this course. Please note: You will need to complete a separate application form

Management of Hypertension in Primary Care

Provided by Et al Training

Course Name	Description	Learning Outcomes	Date & Location	Register your interest by clicking on the link below
Hypertension Study Day	<p>An interactive and informal study day designed for the multi-professional primary care team.</p> <p>13% of the national population are currently diagnosed with hypertension, but the majority of BP and hypertension management does not need to hit the GP.</p> <p>This study day will look at the diagnosis of hypertension, the use of ambulatory & home monitoring, physiology of the normal management of blood pressure, causes & management of hypertension, how BP drugs affect the system, complicated and rarer causes of hypertension, with a look at some clinical cases.</p>	<ul style="list-style-type: none"> • Understand the importance of hypertension and relevance in prevention of CVD • Understand the principle of diagnosis and management in the primary care and the team's roles • Understand the rationale behind the National Clinical Guidelines for the management of hypertension in patients in primary care 	<p>Live online one-day course delivered over Zoom</p> <p>Friday 3rd May 2024</p> <p>Full day course (09:00-16:00)</p>	<p>*FULLY BOOKED*</p> <p>Click HERE to book your place on this course</p>

Diabetic Foot Screen Training

Course Name	Description	Learning Outcomes	Date & Location	Register your interest by clicking on the link below
Diabetic Foot Screen Training	This training is open to all roles in primary care including HCA's and GPA's.	<ul style="list-style-type: none"> • NICE Guidelines • Why and how to perform a foot screen • Onward referring • There is an opportunity for people perform practice examinations and the trainer is able to sign off competency of the examination skill 	<p>This course is delivered in person at Lytham Primary Care Centre</p> <p>Friday 26th July 2024</p> <p>Morning session (09:30-11:30)</p> <p>Please note that no food or refreshments will be provided. Car parking is available free of charge</p>	Click HERE to book your place on the course

Individual requests for Training

Opportunity		Register your interest by clicking on the link below
<p>Individual CPD Requests</p>	<p>I am pleased to be able to confirm that the application process for funding for individual CPD requests has been re-opened.</p> <p>We have a <i>small</i> pot of funding available for individual professional development opportunities that have not been covered in our at scale offering above. We are inviting all <u>eligible professional groups ONLY</u> to submit an application for funding a specific course or programme to support your professional development in line with your personal development plan and/or practice/PCN service needs.</p> <p>You can apply for funding to cover the cost of training you would like to attend, or you can claim back the cost of training you have already undertaken (cannot claim for anything started before April 2023).</p> <p>Please note: if we receive requests for funding greater than the value of the pot of funding available then we will offer a relative proportion of funding to everyone so we can support as many of the applications as possible. In this instance, the decision on what is funded and how much is allocated will be confirmed by the Board.</p> <p>This link will close once the funding has been exhausted. You will be notified of the outcome of your training request via email within one week of applying.</p>	<p>Click HERE to book your place on this course</p>

University of Cumbria CPD Requests

Opportunity		Register your interest by clicking on the link below
<p>University of Cumbria CPD Requests</p>	<p>I am pleased to be able to confirm that we have some funding available with the University of Cumbria and we are accepting individual CPD requests for Level 6 and 7 modules.</p> <p>We are inviting all <u>eligible professional groups ONLY</u> to submit an application for funding a specific course or programme to support your professional development in line with your personal development plan and/or practice/PCN service needs.</p> <p>You can apply for funding to cover the cost of training you would like to attend, or you can claim back the cost of training you have already undertaken (cannot claim for anything started before April 2023).</p> <p>Please note: if we receive requests for funding greater than the value of the pot of funding available then we will offer a relative proportion of funding to everyone so we can support as many of the applications as possible. In this instance, the decision on what is funded and how much is allocated will be confirmed by the Board.</p> <p>This link will close once the funding has been exhausted. You will be notified of the outcome of your training request via email within one week of applying.</p>	<p>Click HERE to book your place on this course</p>

Menopause Training

Provided by Kathy Abernethy

Course Name	Description	Learning Outcomes	Date & Location	Register your interest by clicking on the link below
<p>Two-day course “Menopause - The Foundations”</p>	<p>The 2-day menopause course is aimed at nurses who regularly see and advise women about menopause issues. Ideal for primary care nurses, others such as sexual health nurses, gynae nurses and those working in breast or oncology may find it useful. It will equip you to confidently advise and treat women.</p> <p>Two days means it is sufficiently in depth that topics will be covered adequately, and discussions will be highly clinically relevant. A mix of lectures and group work led by expert menopause nurses, makes this course fun and informative</p> <p>This course is not basic and covers HRT in some depth. If you have no prior experience of menopause practice, you may find it not quite what you are looking for.</p>	<ul style="list-style-type: none"> • Presentation and assessment • Premature menopause • NICE Guidance • Quality Standards • Bone health • HRT - Risks and Benefits • HRT - Types, routes and regimens • Which treatment for which women? • Non hormonal choices - medical and complementary. • Sex and menopause • DHEA for vaginal health • Testosterone • Lifestyle choices 	<p>Live online two-day course delivered over Zoom</p> <p>Sessions will be held over 2 days: Mon 4th & 18th March 2024</p> <p>Please note you MUST be available to attend both sessions to complete this course.</p>	<p>*FULLY BOOKED*</p> <p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will be added to a waiting list for future courses.</p>

Understanding Mental Health in Primary Care

Provided by M&K update

Course Name	Description	Learning Outcomes	Date & Location	Register your interest by clicking on the link below
Understanding Mental Health in Primary Care	A brand-new course from M&K in recognition of the fact that 10% of the population will at any one time be experiencing clinical symptoms of depression and others struggling with anxiety or other common mental health conditions.	<ul style="list-style-type: none"> To enhance knowledge of common mental health difficulties and their diagnosis and treatment. To enhance listening and communication skills To introduce the concepts of positive mental health, resilience, and positive mental health promotion. 	<p>This course is a two-day course delivered in person at Lytham Primary Care Centre on Wednesday 21st & Thursday 22nd February 2024.</p> <p><u>You must be available to attend both days in full.</u></p> <p>The sessions will run from 09:00-17:00 each day.</p> <p>Please note that no food or refreshments will be provided. Car parking is available free of charge.</p>	<p>This course has been cancelled.</p> <p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will added to a waiting list for future courses.</p>

Respiratory Courses (Provided by Respiratory Matters)

Course Name	Description	Learning Outcomes	Date	Register your interest by clicking on the link below
Full Certificate in spirometry	<p>This course is intended for those who will be performing spirometry and interpreting the results. It follows ARTP competency standards. There are no formal assessments but there are quizzes throughout the course in order to allow the learner to assess their knowledge. It is suitable for people completely new to spirometry or for people who don't yet feel confident. There is no need to have completed the adult course before undertaking the paediatric course. The learner has 3 months to complete the course. This course is suitable for registered nurses.</p> <p>Spirometry Competency assessments</p> <p>All spirometry courses have additional competency assessments. After certification the learner has 3 months to complete these should they feel, it would be of benefit to them. Please speak to Sophie Toor to discuss how to access this opportunity.</p>	<ul style="list-style-type: none"> • Understand appropriate use of spirometry, including contraindications to the procedure • Understand the importance of the verification of calibration of spirometry equipment, as part of the quality assurance process, so that standards of measuring and recording, as specified in national guidelines can be met. • Understand the terms used in measuring lung volumes • Be able to obtain technically acceptable and reproducible measurements of dynamic lung volumes • Identify any unacceptable or un-reproducible spirometry and explain the fault. • Analyse/interpret normal and abnormal patterns • Explain the relationship between pathophysiological changes in the lung and the measurements obtained in spirometry 	<p>The course is delivered via a virtual learning environment where you will have access to PowerPoint presentations with audio, interactive quizzes, and resources.</p> <p>The duration of the course is 3 months from point of registration. You will have the opportunity (not mandatory) for a 1-2-1 tutorial every month, via telephone or ZOOM if you prefer.</p>	<p>*FULLY BOOKED*</p> <p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will be added to a waiting list for future courses.</p>
Foundation certificate in spirometry	<p>This course is intended for those who will be performing spirometry but who do not need to interpret</p>	<ul style="list-style-type: none"> • Understand appropriate use of spirometry, including contraindications to the procedure 	<p>The course is delivered via a virtual learning environment where you will have access</p>	<p>*FULLY BOOKED*</p>



	<p>the results. It follows ARTP competency standards. There are no formal assessments but there are quizzes throughout the course in order to allow the learner to assess their knowledge. It is suitable for people completely new to spirometry or for people who don't yet feel confident. There is no need to have completed the adult course before undertaking the paediatric course. The learner has 3 months to complete the course. This course is suitable for HCA's and registered nurses.</p> <p>Spirometry Competency assessments</p> <p>All spirometry courses have additional competency assessments. After certification the learner has 3 months to complete these should they feel, it would be of benefit to them. Please speak to Sophie Toor to discuss how to access this opportunity.</p>	<ul style="list-style-type: none">• Understand the importance of the verification of calibration of spirometry equipment, as part of the quality assurance process, so that standards of measuring and recording, as specified in national guidelines can be met.• Understand the terms used in measuring lung volumes• Be able to obtain technically acceptable and reproducible measurements of dynamic lung volumes	<p>to PowerPoint presentations with audio, interactive quizzes, and resources.</p> <p>The duration of the course is 3 months from point of registration. You will have the opportunity (not mandatory) for a 1-2-1 tutorial every month, via telephone or ZOOM if you prefer.</p>	<p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will be added to a waiting list for future courses.</p>
<p>Spirometry Interpretation Certificate</p>	<p>This course is intended for those who need to be able to interpret spirometry results. It follows ARTP competency standards. There are no formal assessments but there are quizzes throughout the course</p>	<ul style="list-style-type: none">• Identify any unacceptable or un-reproducible spirometry and explain the fault.• Analyse/interpret normal and abnormal patterns	<p>The course is delivered via a virtual learning environment where you will have access to PowerPoint presentations with audio, interactive quizzes, and resources.</p>	<p>*FULLY BOOKED*</p> <p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will</p>

	<p>in order to allow the learner to assess their knowledge. It is suitable for people completely new to spirometry or for people who don't yet feel confident. There is no need to have completed the adult course before undertaking the paediatric course. The learner has 3 months to complete the course. This course is suitable for registered nurses and GP's.</p> <p>Spirometry Competency assessments</p> <p>All spirometry courses have additional competency assessments. After certification the learner has 3 months to complete these should they feel, it would be of benefit to them. Please speak to Sophie Toor to discuss how to access this opportunity.</p>	<ul style="list-style-type: none"> Explain the relationship between pathophysiological changes in the lung and the measurements obtained in spirometry 	<p>The duration of the course is 3 months from point of registration. You will have the opportunity (not mandatory) for a 1-2-1 tutorial every month, via telephone or ZOOM if you prefer.</p>	<p>added to a waiting list for future courses.</p>
<p>Spirometry update (Performance and interpretation)</p>	<p>This course is suitable for people who have already completed a course and are confident in performing and interpreting spirometry but who would benefit from an update. There are no formal assessments but there are quizzes throughout the course to enable the learner to assess their knowledge. Learners have 3 months to complete the course.</p>	<ul style="list-style-type: none"> Update on the latest guidance on performing spirometry and interpreting the results 	<p>The course is delivered via a virtual learning environment where you will have access to PowerPoint presentations with audio, interactive quizzes, and resources.</p> <p>The duration of the course is 3 months from point of registration. You will have the opportunity (not</p>	<p>*FULLY BOOKED*</p> <p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will added to a waiting list for future courses.</p>

	<p>Spirometry Competency assessments</p> <p>All spirometry courses have additional competency assessments. After certification the learner has 3 months to complete these should they feel, it would be of benefit to them. Please speak to Sophie Toor to discuss how to access this opportunity.</p>		<p>mandatory) for a 1-2-1 tutorial every month, via telephone or ZOOM if you prefer.</p>	
<p>Asthma Certificate (adults and paediatrics)</p>	<p>The asthma certificate covers adult and paediatric asthma using the latest guidelines to provide learners with the knowledge to understand asthma from the point of diagnosis, exacerbation, and management of stable disease. There are no formal assessments but there are quizzes throughout the course to enable the learner to assess their knowledge following the course. Learners have 3 months to complete the course although extensions are available in required. This course is suitable for registered nurses and GP's who are new to the subject area or who would like to use this as an update.</p>	<ul style="list-style-type: none"> • Recognise the signs and symptoms of asthma. • Be able to use appropriate tests to assist in confirming diagnosis as per BTS/SIGN guidelines • Understand the use of appropriate pharmacological and non-pharmacological management of a person with asthma as per BTS/SIGN and as per BNF and BNF-C • Understand emergency pathways in primary care, to ensure that patient need is met safely and competently • Be able to empower people with asthma to take control of their condition through gold standard face to face or remote reviews. • 	<p>The course is delivered via a virtual learning environment where you will have access to PowerPoint presentations with audio, interactive quizzes, and resources.</p> <p>The duration of the course is 3 months from point of registration. You will have the opportunity (not mandatory) for a 1-2-1 tutorial every month, via telephone or ZOOM if you prefer.</p>	<p>*FULLY BOOKED*</p> <p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will be added to a waiting list for future courses.</p>
<p>Asthma Diploma (adults and paediatrics)</p>	<p>The Respiratory Matters Asthma Diploma course is suitable for health care professionals who are caring for people with asthma. The</p>	<ul style="list-style-type: none"> • Recognise the signs and symptoms of asthma 	<p>The course is delivered via a virtual learning environment where you will have access to PowerPoint presentations</p>	<p>*FULLY BOOKED*</p> <p>Please contact jenny.cole4@nhs.net if</p>

	<p>course has been designed to equip you with the knowledge and confidence to be able to provide evidence-based, gold standard care from the point of an accurate diagnosis ensuring that effective management strategies are implemented throughout.</p>	<ul style="list-style-type: none"> • Be able to use appropriate tests to assist in confirming diagnosis as per BTS/SIGN guidelines • Understand the use of appropriate pharmacological and non-pharmacological management of a person with asthma as per BTS/SIGN and as per BNF and BNF-C • Understand emergency pathways in primary care, to ensure that patient need is met safely and competently • Be able to empower people with asthma to take control of their condition • Be able to utilise the knowledge learned throughout the course to deliver safe, evidence-based practice. • Be able to reflect on current practice by evaluating the care of a patient within your workplace. • Appraise an area of current practice by measuring it against pre-selected standards, in order to identify and implement areas for change. 	<p>with audio, interactive quizzes, and resources.</p> <p>The duration of the course is 6 months. During this time, you will have a series of short answer questions, designed to support your practice. The final assignment, submitted at the end of the course, is an audit, of a topic of your choice. The aim of this is to highlight discrepancies between actual practice and standards in order to identify the changes needed to improve the quality of care. You will implement those changes and complete another audit cycle as part of the submission.</p> <p>You will have the opportunity (not mandatory) for a 1-2-1 tutorial every month, via telephone or ZOOM if you prefer</p>	<p>you are interested in this training and you will be added to a waiting list for future courses.</p>
<p>COPD Certificate (adults and paediatrics)</p>	<p>The COPD certificate uses the latest guidelines to provide learners with the knowledge to understand COPD from the point of diagnosis, exacerbation, and management of stable disease. There are no formal assessments but there are quizzes</p>	<ul style="list-style-type: none"> • Recognise the signs and symptoms of COPD, and gain understanding of the different phenotypes. • Understand the principles of appropriate tests including spirometry 	<p>The course is delivered via a virtual learning environment where you will have access to PowerPoint presentations with audio, interactive quizzes, and resources.</p>	<p>*FULLY BOOKED*</p> <p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will</p>

	<p>throughout the course to enable the learner to assess their knowledge following the course. Learners have 3 months to complete the course although extensions are available in required. This course is suitable for registered nurses and GP's who are new to the subject area or who would like to use this as an update</p>	<p>to assist in confirming the diagnosis of COPD.</p> <ul style="list-style-type: none"> • Understanding alternative routes to making a diagnosis without spirometry due to COVID • Understand appropriate pharmacological and non-pharmacological management of a person with COPD. • Recognise and treat an exacerbation of COPD • Be able to empower people with COPD to take control of their condition through gold standard face to face or remote reviews • 	<p>The duration of the course is 3 months from point of registration. You will have the opportunity (not mandatory) for a 1-2-1 tutorial every month, via telephone or ZOOM if you prefer.</p>	<p>added to a waiting list for future courses.</p>
<p>COPD Diploma (adults and paediatrics)</p>	<p>The Respiratory Matters COPD Diploma course is suitable for health care professionals who are caring for people with COPD.</p> <p>The course is very practical and has been designed to equip you with the skills and knowledge required to be able to provide gold standard care to the person with COPD from the point of an accurate diagnosis and ensuring that effective management strategies are implemented throughout the disease trajectory.</p>	<ul style="list-style-type: none"> • Recognise the signs and symptoms of COPD • Understand the principles of appropriate tests to assist in confirming the diagnosis of COPD, as per NICE guidelines • Understand appropriate pharmacological and non-pharmacological management of a person with COPD as per NICE guidance and as per BNF • Understand pathways for the treatment of acute exacerbation of COPD, to ensure that patient need is met safely and competently • Be able to empower people with COPD to take control of their condition • Be able to reflect on current practice by evaluating the care of a patient within your workplace 	<p>The course is delivered via a virtual learning environment where you will have access to PowerPoint presentations with audio, interactive quizzes, and resources. You can start at any point throughout the year. The duration of the course is 6 months. During this time, you will have a series of short answer questions, designed to support your practice. The final assignment, submitted at the end of the course, is an audit, of a topic of your choice. The aim of this is to highlight discrepancies between actual practice and</p>	<p>*FULLY BOOKED*</p> <p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will added to a waiting list for future courses.</p>

		<ul style="list-style-type: none"> • Be able to utilise the knowledge learned throughout the course to deliver safe, evidence- based practice • Appraise an area of current practice by measuring it against pre-selected standards, in order to identify and implement areas for change. 	<p>standards in order to identify the changes needed to improve the quality of care. You will implement those changes and complete another audit cycle as part of the submission.</p> <p>You will have the opportunity (not mandatory) for a 1-2-1 tutorial every month, via telephone or ZOOM if you prefer</p>	
Asthma and COPD for Health care assistants	This certificate course covers the role of the HCA in supporting registered nurses in the care of patients with asthma and COPD. It provides an understanding of the diseases and how to deliver a gold standard review whilst maintaining safe practice within competencies, and job role and identifying timely escalation.		<p>The course is delivered via a virtual learning environment where you will have access to PowerPoint presentations with audio, interactive quizzes, and resources.</p> <p>The duration of the course is 3 months from point of registration.</p>	<p>*FULLY BOOKED*</p> <p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will added to a waiting list for future courses.</p>
Heart failure certificate course	This course is suitable for registered nurses who are investigating and caring for people with heart failure in primary care, from the point of diagnosis to providing the information in order to provide a gold standard review. There are no formal assessments but there are quizzes throughout the course to enable the learner to	<ul style="list-style-type: none"> • Understand pathophysiology and aetiology of heart failure • Recognise the signs and symptoms of heart failure, and gain understanding of the different phenotypes. • Understand the principles of appropriate tests to assist in confirming the diagnosis of heart failure. • Understand appropriate pharmacological and non- 	<p>The course is delivered via a virtual learning environment where you will have access to PowerPoint presentations with audio, interactive quizzes, and resources.</p> <p>The duration of the course is 3 months from point of</p>	<p>*FULLY BOOKED*</p> <p>Please contact jenny.cole4@nhs.net if you are interested in this training and you will added to a waiting list for future courses.</p>



	<p>assess their knowledge. This course is suitable for registered nurses. Learners have 3 months to complete the course.</p>	<p>pharmacological management of a person with heart failure.</p> <ul style="list-style-type: none">• Recognise and treat decompensated heart failure (if appropriate to treat in primary care)• Be able to empower people with heart failure to take control of their condition through review• Understand the importance of specialist input for cardiac rehabilitation, assessment for cardiac devices, and palliative care	<p>registration. You will have the opportunity (not mandatory) for a 1-2-1 tutorial every month, via telephone or ZOOM if you prefer.</p>	
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