



## MECC 1-Day Train the Trainer Chat to Change Course Application Form - 2024

Please email your completed application form to workforcetraining@activelancashire.org.uk

PARTICIPANT INFORMATION		
Participant Name:		
Job Title/Role:	Team/Dept:	
Organisation Name:		
Work e-mail:	Mobile /Work Tel:	
Home Address:		
Area(s) your role is based (Please highlight as applicable):Preston/ Chorley/S Ribble Valley/South Ribble/ Blackburn w Darwen/Burnley/Hyndburn/Pendle/ Rossendale/Blackpool/Fylde/ Wyre/West Lancs /Lancaster/Morecambe/South Lakeland/ Other		
Do you have any dietary requirements? If so, please advise		
Do you require any reasonable adjustments for your learning? If so, please list below how we can support you		
How did you hear about this course (e-mail/via Manager/Colleague/Bulletin/Newsletter)?		
Manager's Name:		
Manager's E-mail:		
How do you plan to deliver your x 6 MECC sessions over the next year within your (service/organisation/community/third sector). Please provide a brief plan for delivering your MECC sessions here:		
COURSE INFORMATION/REQUIREMENTS		

- Course Name: MECC Train The Trainer Chat to Change 1-Day Course Face to Face
- Arrival 09.15 , Start 09.30, Finish 4.30pm
- Please check your training records to ensure you have not already attended this course previously.





- Please ensure that you have permission to attend this course from your Line Manager/Training Dept, prior to submitting your application.
- Once your 1 day TTT training is complete we require you to deliver a minimum of x 6 MECC sessions to embed the MECC approach within your own service or organisation, community or third-sector. This could be either a 7 minute brief intervention, a 1 hour or a 3 hour MECC session. These sessions can be delivered in a variety of ways such as at team meetings, one on one discussions with colleagues, group chat etc.

(Please highlight your chosen dates to attend a 1-Day Face to Face Train the Trainer MECC Course)

Thurs 11th July - Carer's Link, Accrington

Thurs 15th August - Strawberry Fields Hub, Chorley

Tues 20th August - Blackpool Football Club, Blackpool

Thurs 19th September - Nuvenu Conf Centre, Wigan

Thurs 24th October - Venue tbc, Blackburn

Tues 12th November - Blackpool Football Club, Blackpool

Tues 26th November - Venue tbc, Lancaster

Thurs 5th December - Corpus Christi High School, Preston

## **GENERAL INFORMATION**

These MECC courses are delivered free of charge to all participants who are registered via <a href="workforcetraining@activelancashire.org.uk">workforcetraining@activelancashire.org.uk</a> and who work for a health/wellbeing related organisation within Lancs & S Cumbria.

Leave / Holidays / Rotas / School Half Term: If you are intending to book leave, please ensure this dos not conflict with the Training Dates on your application form. If you work on a rota system please ensure you are granted approval to attend the course dates by a manager prior to registering on this course.

Late Arrival: If you arrive late for a session or you are absent from any session, we reserve the right to refuse access to the training session if we / trainer feels that you will gain insufficient knowledge or skills in the time remaining.

No Show: Candidates who do not turn up to the session / arrive too late to start the session / provide less than 2 days' notice of cancellation may result in refused access to future training courses that are offered.

Where minimum numbers have not been met, we reserve the right to cancel/postpone courses where necessary.