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| **Practical Placements** | **Target Audience** | **Time scale** |
| **DFSRH (practical Placements)**  The FSRH Diploma (DFSRH) provides you with the knowledge and skills to enable you to carry out effective contraception consultation as part of a comprehensive approach to SRH care. Our Diploma is accessible to you if you are new to contraception or if you have some existing experience.  [Education & Training - Faculty of Sexual and Reproductive Healthcare (fsrh.org)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.fsrh.org%2Feducation-and-training%2Fdiploma%2F&data=05%7C02%7Cjenny.cole4%40nhs.net%7Cb9a31b1a918547f20b6f08dc95120133%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638549151754876482%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=iXk7ZJPmh%2FYdQWKH9OZ5KAdQe9FVev%2BZ68lEG376JgQ%3D&reserved=0) | Nurses  Doctors  Midwives  Physicians Associates | Vary |
| **Letter of Competence Sub Dermal contraceptive Implants** **The Letter of Competence Subdermal Contraceptive Implant Techniques Insertion and Removal (LoC SDI-IR) provides you with the necessary knowledge, attitude and skills to support women seeking contraception. It will enable you to provide and remove subdermal implants competently, and manage any complications and side-effects that may occur.** [Education & Training - Faculty of Sexual and Reproductive Healthcare (fsrh.org)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.fsrh.org%2Feducation-and-training%2Fletter-of-competence-subdermal-implants-loc-sdi%2F&data=05%7C02%7Cjenny.cole4%40nhs.net%7Cb9a31b1a918547f20b6f08dc95120133%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638549151754887514%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=kecGS%2FDGX2Zr%2Be16xuY45hzPwrD%2B%2B%2F5nDzrJO%2BvNVAY%3D&reserved=0) | Nurses  Doctors  Midwives  Physicians Associates | 12 hours (min) |
| **Letter of Competence Intrauterine Contraception**  **The Letter of Competence Intrauterine Techniques (LoC IUT) provides you with the necessary knowledge, attitude and skills to support women seeking contraception. It will enable you to provide intrauterine contraception competently, and manage any complications and side-effects that may occur.**  [Education & Training - Faculty of Sexual and Reproductive Healthcare (fsrh.org)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.fsrh.org%2Feducation-and-training%2Fletter-of-competence-intrauterine-techniques-loc-iut%2F&data=05%7C02%7Cjenny.cole4%40nhs.net%7Cb9a31b1a918547f20b6f08dc95120133%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638549151754895189%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=Vgoa4bWFy4Es5zmIZwp0089Abh6GSM8owdt2J624%2BMs%3D&reserved=0) | Nurses  Doctors  Midwives  Physicians Associates | 12 hours (min) |
| **STIF competencies**  Various options available. Must have completed the STIF foundation 3 day course first.  [Competency Programme overview (stif.org.uk)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.stif.org.uk%2Fcompetency-programme%2F&data=05%7C02%7Cjenny.cole4%40nhs.net%7Cb9a31b1a918547f20b6f08dc95120133%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638549151754901391%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=XH%2FT6%2FCm%2FlDB49I6I7CsPYXEtw2ejjDzH%2BI2z4L%2FaNA%3D&reserved=0) | Doctors  Nurses | Vary |