Making Every Contact Count (MECC) Chat to Change: ‘Train the Trainer’ Invitation to Apply for Wed 26th July 2023

Your Details

|  |  |  |
| --- | --- | --- |
| **Name:** | **Job Title/Role:** | Organisation Name: |
| **Team/Dept:** | **Work E-mail:**  **Personal E-mail: (if you do not have a work e-mail address)** | |
| **Which locality is your role based (Please delete as applicable):**   * **Lancs East** * **Lancs Central & West** * **Blackburn w Darwen** * **Lancashire North** * **Blackpool** * **South Cumbria** | | |
| **Name of Line Manager:** | **Line Manager's Job Title:** | **Work Email:**  **Telephone No**: |
| **Which Course Date will you be attending:** | **Do you require any reasonable adjustments for your learning? If so, please list below how we can support you:** | **Do you have any dietary requirements? If so, please list below:** |
| **How did you hear about the MECC Chat to Change course?** | | **Would you be interested in learning about other Personalised Care courses in the future?** |

**\*\*My manager has given their support to my attending this training.**

**Manager's Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Please complete the following questions so that we can build this training around you and your needs.

1. **Previous Experience - please tick all that apply**

* I am a full-time trainer.
* I have a trainer aspect to my job.
* I understand behaviour change theory.
* I understand public health lifestyle information.

1. **MECC E-Learning programme**

* I have already taken part in the MECC E Learning Training Programme (as per below link)
* I will be completing the MECC E Learning Training Programme prior to attending the course (as per below link)

Link to more information and the e-learning module can be accessed here: <https://www.e-lfh.org.uk/programmes/making-every-contact-count/>

1. **How do you plan to deliver your MECC sessions (one every eight weeks within your workforce/community/ third sector)?**

Please provide a brief plan for delivering your MECC sessions here:

Ongoing Commitment

This significant investment in our wider workforce does come with a requirement to deliver a minimum of 6 training sessions (one or three hour) within your own service or organisation/ community or third sector over the next year.

To help you achieve this, once trained you will be able to access ongoing advice and guidance, and will be supported to attend and complete the pre- and post- training requirements, including:

* Complete online e-learning in advance of attending.
* Complete pre-course self-evaluation.
* Attend the Train the Trainer modules.
* Complete post-training self-evaluation.
* Deliver a minimum of 6 training sessions to embed the MECC approach. This could be either a 7 minute brief intervention, 1 hour or 3 hour MECC session.
* Attend half day follow-up workshop (approx. 6 months post-training)
* Participate in regular webinars and update events post-training
* Contribute to monitoring and evaluation of the programme on request including submitting numbers and dates of any MECC training you have delivered to the workforce/ community.

**Thank you for your interest. Once you have been allocated a place you will receive confirmation and details of the training day. Please remember places are limited and allocated on a first come, first served basis on successful completion of this form.**

**Please return this form by email to:** [**workforcetraining@activelancashire.org.uk**](mailto:workforcetraining@activelancashire.org.uk)no later than the 19th July 2023.

With many thanks,

**Amy Thompson-Spears (Relationship Manager)**

**Emma-Jane Stockdale (Project Support Officer)**

**Active Lancashire**