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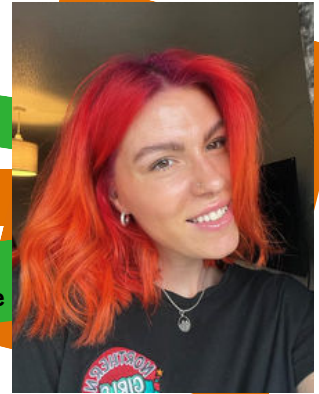


www.lscsub.co.uk/social-care-apprenticeships/

Megan Longworth

Level 3 NVQ Health and Social Care

**Blackburn With Darwen Borough Council,
Home First and Reablement, Adult Social Care**



Megan, tell us a little about yourself

I am 25 years old, hardworking, passionate and have a positive attitude towards helping the public with a hands on/strength based approach. I am dedicated to all my professions and I'm always willing to develop my skills so that they are transferrable across all roles, to allow opportunities for me to grow and develop both personally and professionally. I enjoy watching Blackburn Rovers Football Club, playing cricket, hiking and going to the gym. I'm involved and am a member of the Northern Girls Club an ambitious and hardworking group of Northern Women who empower and network Northern Talent and I have recently become an ambassador for "Her Game Too" where I work in partnership with Blackburn Rovers to educate and eradicate sexism in the football industry. I have worked in Adult Social Care for 3 years now. I enjoy working in Adult Social Care as I am a compassionate and caring individual and I feel I use these core principles throughout my work and see how this can help make a difference to those in our community's lives.

Why did you choose an apprenticeship?

I chose to do the Level 3 NVQ Apprenticeship to enable me to develop my skillset in Health and Social Care to allow me to progress with my career development. Doing an apprenticeship meant I could work whilst also learning, which I feel is incredibly important as you can reflect on your skills and learning each week.

What are your main responsibilities as an apprentice?

To continue to work providing an excellent service as a BwD employee whilst also reporting into college once a week and keeping up to date with relevant coursework set by College.

Would you recommend an apprenticeship to those looking to start a career in the care sector?

Yes, when I started my Level 3 NVQ apprenticeship, I was reluctant to go back to education after only recently completing my degree. However, the apprenticeship allowed me to reflect on my new role in adult social care and help me learn the skills of the care act and transfer these from knowledge to practical with the job.

What is next for you? Is there another milestone you want to achieve?

In February I will be starting a new apprenticeship on a QCF Level 3 in Leadership and Management. To learn new skillset and development for progression into other roles within adult social care/ council.

What do you feel are the advantages of doing an apprenticeship over other training or education?

As I said earlier. Reflection of knowledge and skills whilst on the job.

I am a practical thinker and being able to use knowledge you have learned in classroom to then be able to apply on the job, especially in this sector is a great way of doing so and apprenticeships enable you to do that.

What are your future plans?

To remain at the council with an opportunity to expand my current skillset in other areas of expertise whether this mean staying in Adult Social Care or venturing elsewhere I am unsure.

As the theme for National Apprenticeship Week 2023 is #SkillsForLife, what skills for life would you say you have gained whilst undertaking your apprenticeship?

Independence, Self Motivation, Self Confidence, Communication Skills, Conscientiousness, Commitment, Resilience
Having a strong work ethic and belief to aim higher