Core Supervision Model for Multi Professionals

Supervisor Checklist

# Supervisors checklist

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| * Did I enable the supervisee to describe their experience?
* Did I affirm and support the supervisee?
* Did I enable the supervisee to reflect on their experience?
* Did I share knowledge/information as appropriate?
* Did I listen more than I spoke?
* Did I use questions to enable the Supervisee to describe, reflect and seek conclusions?
* Did I try to understand how the supervisee was feeling?
* Did I maintain the focus of the session?
* Did I maintain appropriate boundaries?
* Did I seek feedback from the supervisee?
* What do I need to take to my own supervision?
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For further personal reflection, consider each question beginning with *“How did I...?”*

Adapted from: Driscoll, J. (2000) *Practising Clinical Supervision: A Reflective Approach*. Balliere Tindal