Core Supervision Model for Multi Professionals

Supervisor Checklist

# Supervisors checklist

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| * Did I enable the supervisee to describe their experience? * Did I affirm and support the supervisee? * Did I enable the supervisee to reflect on their experience? * Did I share knowledge/information as appropriate? * Did I listen more than I spoke? * Did I use questions to enable the Supervisee to describe, reflect and seek conclusions? * Did I try to understand how the supervisee was feeling? * Did I maintain the focus of the session? * Did I maintain appropriate boundaries? * Did I seek feedback from the supervisee? * What do I need to take to my own supervision? |

For further personal reflection, consider each question beginning with *“How did I...?”*

Adapted from: Driscoll, J. (2000) *Practising Clinical Supervision: A Reflective Approach*. Balliere Tindal