Core Supervision Model for Multi Professionals

Group Supervision Advice

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The following is a list of ground rules is used as an illustration of what it is possible to include. The group itself should generate its own list. The detail of each point is discussed within the group and agreed by all participants prior to the clinical supervision commencing.

Establishing ground rules in group supervision situations can help participants to feel safe to share their experiences and help the group function healthily. It can be helpful to have the contract/ground rules on display during supervision sessions so that group members can stay mindful of what has been agreed.

* Confidentiality.
* Not to talk over each other.
* Respect for our colleagues and each other’s opinions.
* Listen to each other.
* GSOH (good sense of humour).
* Challenge others respectfully.
* Awareness of others try not to dominate the space.
* Keep to time.
* Allow people to own their own experience.
* Responsible for looking after ourselves.
* Remember that you can take time out should you need to.